

Print both cards, tape or glue each card together back to back and laminate. Smaller cards are pocket or purse size.

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| START Triage - Assess, Treat | | Head-to-Toe Assessment 1. Head 2. Neck 3. Shoulders 4. Chest 5. Arms 6. Abdomen 7. Pelvis 8. Legs 9. Back * Determines the extent of injuries and the type of treatment needed. * Documents injuries. |
| Find color, STOP, TAG, MOVE ON | | |
| M I N O R D E C E A S E D I M M E D I A T E D E L A Y E D | <i>Move Walking Wounded</i> | |
| | No Resp after head tilt | |
| | Breathing but Unconscious | |
| | Resp - > 30 | |
| | Perfusion | |
| | Cap refill > 2 sec or No Radial Pulse | |
| | <i>Control bleeding</i> | |
| | Mental Status - Can't follow simple commands | |
| | Otherwise | |
| Remember R - 30 P - 2 M - Can do | | |

Larger cards can be kept in your pack, first aid kit or glove box.

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|---|--|---|
| START Triage Assess, Treat, (use bystanders) When you have a color STOP - TAG - MOVE ON | | Head-to-Toe Assessment * Determines the extent of injuries and the type of treatment needed. * Documents injuries. 1. Head 2. Neck 3. Shoulders 4. Chest 5. Arms 6. Abdomen 7. Pelvis 8. Legs 9. Back *** Look for the following: <input type="checkbox"/> Bruising <input type="checkbox"/> Swelling <input type="checkbox"/> Severe pain <input type="checkbox"/> Disfigurement |
| M I N O R D E C E A S E D I M M E D I A T E D E L A Y E D | -- Move Walking Wounded | |
| | -- No RESPIRATIONS after head tilt | |
| | -- Breathing but UNCONSCIOUS | |
| | -- Respirations - over 30 | |
| | -- Perfusion Capillary refill > 2 or NO RADIAL PULSE | |
| | <i>Control bleeding</i> | |
| | -- Mental Status Unable to follow simple commands | |
| | -- Otherwise | |
| | REMEMBER: Respirations - 30 Perfusion - 2 Mental Status - Can Do | |