

Wound Care

- ♦ Control bleeding
- ♦ Prevent secondary infection
- ♦ Clean wound—don't scrub
- ♦ Apply dressing and bandage

Rules of Dressing

1. In the absence of active bleeding, remove dressing and flush, check wound at least every 4-6 hours.
2. If there is active bleeding, redress over existing dressing and maintain pressure and elevation.

The difference between a dressing and a bandage is that:

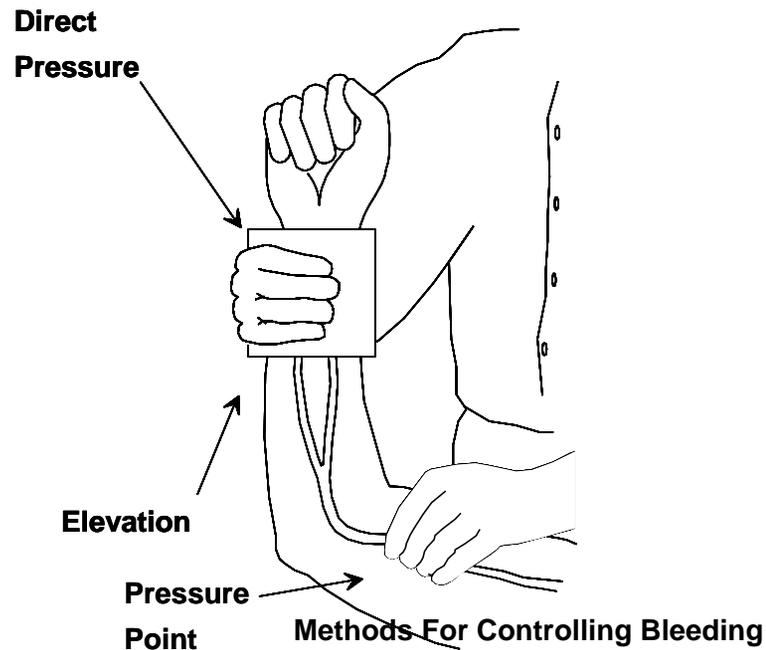
- A dressing is applied directly to the wound.
- A bandage holds the dressing in place.

There are three main methods for controlling bleeding:

- Direct pressure
- Elevation
- Pressure points

Procedures For Controlling Bleeding

Method	Procedures
Direct Pressure	<ul style="list-style-type: none">▪ Place direct pressure over the wound by putting a clean dressing over the wound and pressing firmly.▪ Maintain pressure on the dressing over the wound by wrapping the wound <u>firmly</u> with a pressure bandage.
Elevation	<ul style="list-style-type: none">▪ Elevate the wound above the level of the heart.
Pressure Points	<ul style="list-style-type: none">▪ Put pressure on the nearest pressure point to slow the flow of blood to the wound. Use the:<ul style="list-style-type: none">• Brachial point for bleeding in the arm.• Femoral point for bleeding in the leg. <p>(See the figures on the following page for illustrations of these pressure points.)</p>



Methods for Controlling Bleeding by using direct pressure on wound, elevation, and pressure points.

Nasal Bleeding

- ◆ Causes:
 - Blunt force
 - Skull fracture
 - Non-trauma-related conditions
- ◆ Blood loss can lead to shock.
- ◆ Victims may become nauseated and vomit if they swallow blood.

The methods for controlling nasal bleeding include:

- Pinching the nostrils together.
- Putting pressure on the upper lip just under the nose.

While treating for nosebleeds, you should:

- Have the victim sit with the head slightly forward so that blood trickling down the throat will not be breathed into the lungs. Do not put the head back.
- Ensure that the victim's airway remains open.
- Keep the victim quiet. Anxiety will increase blood flow.